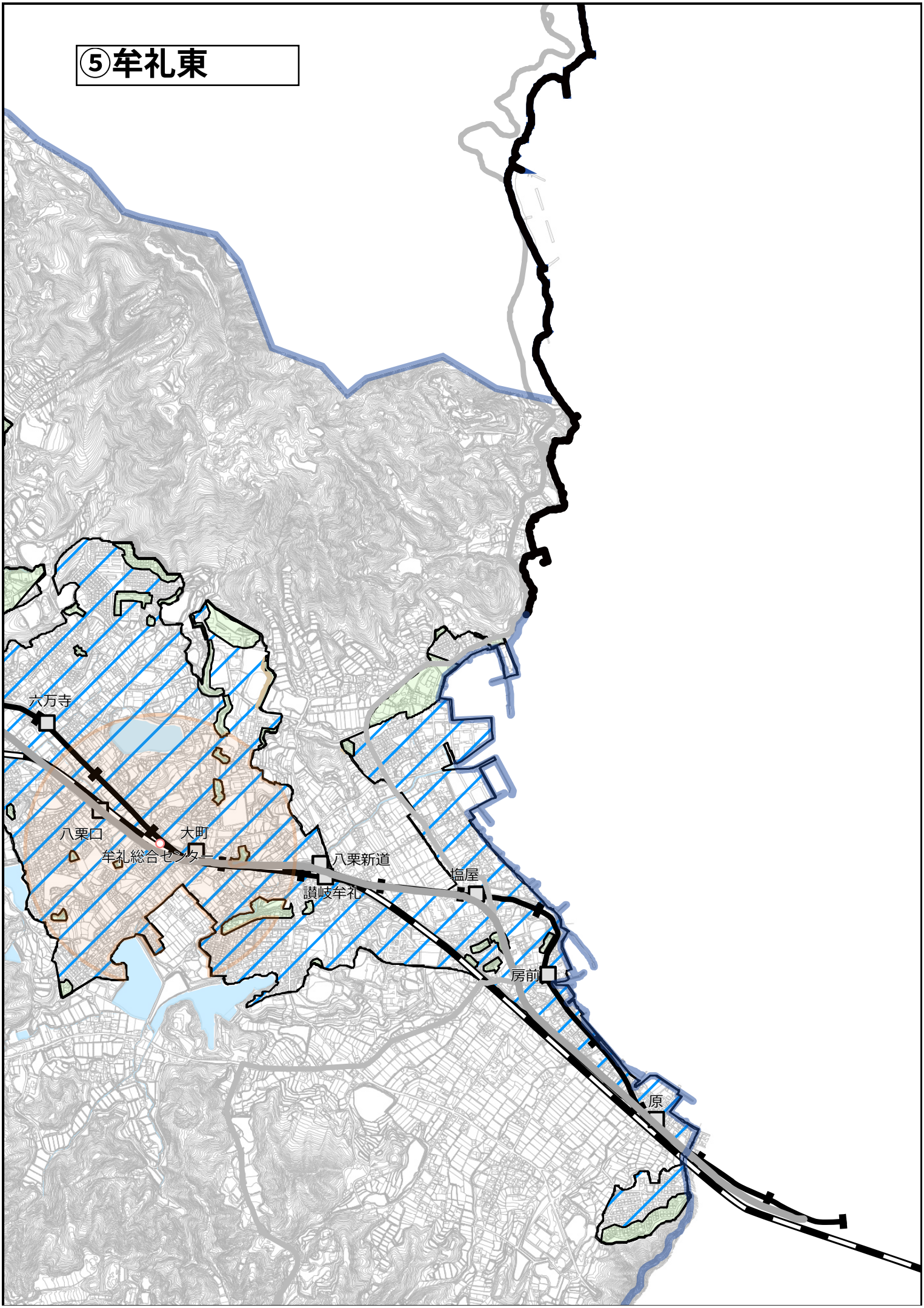⑤牟礼東